

# SAN DIEGO FOOD FINDS

SAN DIEGO'S BEST RESTAURANTS, MARKETS AND LOCAL CULINARY OFFERINGS

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## Mint Juleps Kentucky Derby Style



It's the day of the year where the fancy hats are just as big as the betters' wallets... that's right, it's Kentucky Derby time! And every true lover of American's Race knows that no Kentucky Derby party is complete without a track ticket in one hand and Mint Julep in the other.

The Mint Julep originated in the South and has been a Churchill Downs tradition for almost a century, with nearly 120,000 served at this famous derby each year. Even if you can't make it to the Bluegrass state for the race festivities, you can celebrate this time-honored event by swigging down these San Diego Mint Juleps that are guaranteed to make you a winner!

Race on over to [Union Kitchen & Tap in Encinitas](#) or [Gaslamp](#), both stacked with delicious cuisine and libations that have a true Kentucky flare. The Ginger Julep, a modern take on the classic racetrack favorite, is no exception. Made with Maker's Mark, ginger, mint and agave, it's sure to make you feel like a million bucks (and hopefully help you win a million too)!

If you want to watch the race in style, gallop to [Brazen BBQ](#) for home-style cooking fresh off the grill and a Mint Julep so Southern you'll forget that you're not at the track. Better yet, they will be serving the traditional Julep recipe with Maker's Mark, fresh mint and sugar all day to party in true derby spirit!

The real celebrations are at [barleymash](#)! In honor of the big race, guests can indulge in a delicious Derby-inspired meal, including a cup of Kentucky Burgoo, a hot brown sandwich and of course the traditional Mint Julep. Maker's Mark, fresh mint and sugar mark the start to a good night with live music and raffle prizes to boot!

Whether you are celebrating a win or getting over a loss, you know you can count on these Mint Juleps to take you to the finish line at the end of the race! ALTSTRAT

COMMENTS ARE CLOSED.

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